



*Nancy (France) - 2021.10.05 - HR2VP, the app for Android and iOS that computes and broadcasts power based on heart rate comes now with a new version that connects to bike trainers and includes built in workouts.*

## HR2VP cycling app now with built in workouts



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### About HR2VP

HR2VP has been launched on 6th of August 2020 in order to allow people with **exercise bikes & non smart bike trainers** to connect to **virtual training appssuch** as Zwift by using their **heart rate monitor for power broadcasting**. **Individual parameters** such as fonctionnal threshold power, min and max

heart rate are taken into account, which allows a more precise power calculation.

Today, HR2VP has already more than **10k** downloads and around **1000** active subscribers.

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## Built In Workouts

The new version of HR2VP comes with built in workouts. Users can search for workouts based on their dominant intensity zone or duration, and there is a selection of most popular trainings.

The app is compatible with Bluetooth Smart and ANT+ power meters and bike trainers. Devices using FTMS will have the option to auto adjust the resistance in order to match the target power of the workout (ergometer mode).

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## Auto Calibration

When connected to the bike trainer or to any power meter, the virtual power is **compared with the real power** to get the **best parameter** to use. This ensures that the next ride that will be done without any power meter will get an optimized virtual power calculation.

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## Price

At **2.99\$** a month or **34.99\$** one time fee, cyclists will get a complete indoor & outdoor training app that connects to the bike trainer, broadcasts power to GPS or Zwift, and upload rides to Strava.

[More info & download HR2VP](#)

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